



# Laughter Yoga with Clare

Laughter is the exercise

Feeling good is the benefit

## Registration Form

Dates and Location TBA

Name: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

How did you find out about this workshop? \_\_\_\_\_

Registration - \$340 or \$295 for not-for-profit organisations to be paid by TBA ( )

Please make payment online to:

Clare Ludlam 06-0529-0788133-00 with LYLT in the Code field and your name in the Reference field.

Do you require a receipt Y/N

All attendees must complete and return the Laughter Yoga Information & Liability Release form prior to the training.

Registration fee includes manual, tea/coffee & snacks - bring your own lunch. Bring water and a yoga mat if you want more comfort for the floor exercises and relaxation.

I understand and agree to the conditions as set out above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please email your completed Registration & Liability Release forms back to [clare@clareludlam.co.nz](mailto:clare@clareludlam.co.nz)